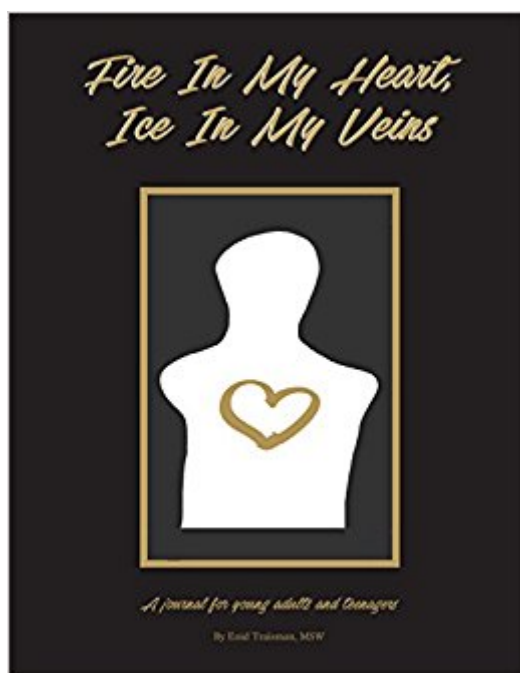


The book was found

Fire In My Heart, Ice In My Veins: A Journal For Teenagers Experiencing A Loss



Synopsis

Fire In My Heart, Ice In My Veins A Journal for Teenagers by Enid Traisman. Teens can write letters, copy down meaningful lyrics, write songs and poems, tell the person who died what they want them to know, finish business and use their creativity to work through the grieving process.

Book Information

Paperback: 64 pages

Publisher: Centering Corporation; 1st edition (November 11, 1992)

Language: English

ISBN-10: 1561230561

ISBN-13: 978-1561230563

Product Dimensions: 0.5 x 8 x 11 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 21 customer reviews

Best Sellers Rank: #133,997 in Books (See Top 100 in Books) #53 in [Books > Self-Help > Death & Grief > Suicide](#) #179 in [Books > Politics & Social Sciences > Sociology > Death](#) #8935 in [Books > Textbooks > Social Sciences](#)

Customer Reviews

My mother in law recently lost her short battle with cancer. My husband and I decided to let the school counselor know before she passed that our 7th graders would be going through a hard time since they are so close to their grandma. The counselor let us know that she would give the kids this book after she passed and that it would not only be a tool to read but also sort of a workbook so they could work through their feelings. We decided to go ahead and purchase one for our highschooler also. I am very pleased with this book. There are not enough tools readily available for parents when tragedy strikes. We will all be heart broken for a long time and I know this book won't fix that but it is definitely a stepping stone for our children.

Absolutely Amazing! This is like a gateway and once the teen steps through the expression of emotions is opened. The activities allow options for the therapist to start slowly or to delve in immediately if that is where the client would benefit. I use this eit adults as well. My disappointment comes in due to relocating and several books and play therapy toys/supplies were not delivered

I just started a grief support group for teens and I have gathered a number of books on the subject

however this is THE BEST book I have found for teens. The journal pages are right on and allow the teen to think and express feelings in their own way. An excellent book every grieving teen, or adult, should have.

my 16yr old daughter got this book when my 2yr old son was killed. she used this book and several weeks later one of her best friends lost her dad to cancer..so we bought her this book. a good way for kids to get out their feelings when they don't want to open up.

Really helped my 13 year old, thank you so much

Recommended by a therapist and could work for adults as well as teens.

This is a good resource for teens suffering a personal loss through death.

It is good, just thought it would be a bit more comprehensive.

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